

# Alumni Level

**ENTRANCE FEE:** \$20.00

**CHECK IN TIME:** **Heat 1**  
**6:30 a.m.**  
**START TIME:** **7:00 a.m.**

**ESTIMATED TIME:** 1 Hour

Swim: 20 Laps  
Ride: 8 Miles  
Run: 3 Miles

## ROUTES

**SWIM:** Twenty lengths (25 yards) of the pool starting at the deep end

**RIDE & RUN:** **Ride (Route is 1 Mile) Eight Times Around, Run Three Times Around**

Calle Marte to Avenida Ursa turn right  
Avenida Ursa to Avenida Planeta turn right  
Avenida Planeta to Calle Luna turn left  
Calle Luna to Avenida Del sol turn right  
Avenida Del Sol to Pool Entrance.