



4th ANNUAL TRIATHLON

Monday September 5th

Terra del Sol Aquatic Club, 6718 E Calle Marte, Tucson, AZ 85710

LEVEL:	BLUEGILL	SAW FISH	TIGERSHARK	ALUMNI
Swim	3 Laps	8 Laps	16 Laps	20 Laps
Bike	1 Mile	2 Miles	4 Miles	8 Miles
Run	½ Mile	1 Mile	2 Miles	3 Miles
Fee	\$5.00	\$10.00	\$15.00	\$20.00
Start Time	8:45 a.m.	8:30 a.m.	8:00 a.m.	6:30 a.m.

Check-In time is 30 minutes before start time

Athletes can sign up according to their level of ability. Prizes will be awarded for first, second and third place of each level. Each athlete will receive a gift pack. The swimming is in a 4 lane pool, the biking and running courses are around Terra del Sol neighborhood or around Wheeler Elementary school depending of the level. Course will be emailed to registered participants and will be available at the pool the day of the competition.

Mail your entries & entrance fees to Pat Smyser, 1958 Avendia Ursa, Tucson, AZ 85710, or email the form to tigersharksc@gmail.com no later than September 4th. Phone: 748-0241 or 850-2050

Cut at the line below



TRIATHLON REGISTRATION FORM

Sponsored by Tigershark Swim Club
Date: September 5, 2016

LEVEL:	BLUEGILL	SAW FISH	TIGERSHARK	ALUMNI
Fee:	\$5.00	\$10.00	\$15.00	\$20.00

Name	Phone No.	email	Level
RELAY			Level
(Swim)			
(Bike)			
(Run)			

Mail your entries & entrance fees to Pat Smyser, 1958 Avendia Ursa, Tucson, AZ 85710, or email the form to smyser1@juno.com no later than September 3th. Phone 748-0241