

Sawfish Level

ENTRANCE FEE: \$10.00

CHECK IN: **Heat 1**
8:15 a.m.
START TIME: 8:30 a.m.

ESTIMATED TIME: 35 Minutes

Swim: 8 Laps

Ride: 2 Mile

Run: 1 Mile

ROUTES

SWIM: Eight laps of the pool starting at the deep end

RIDE: Ride around Wheeler Elementary School Four Times

Turn left on to Avenida Del Sol
Turn right on Avenida Del Sol to Calle Castor
Turn right on Calle Castor to Calle Leona
Turn right on Calle Leona to Avenida Del Sol
On last lap turn left to Pool Entrance

RUN: Run around Wheeler Elementary School Twice
Turn left on to Avenida Del Sol
Turn right on Avenida Del Sol to Calle Castor
Turn right on Calle Castor to Calle Leona
Turn right on Calle Leona to Avenida Del Sol
On last lap turn left to Pool Entrance